



The Flaming Chalice

Unitarian Universalist Church of Valdosta

Located at: 1951 East Park Avenue
 Mailing Address: P.O. Box 2342
 Valdosta, GA 31604
 Minister: Rev. Fred Howard
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Tom Phillips – President	Carol Stiles - Vice-President /Program Chair
Rosie Asbury –Treasurer	Susan Bailey - Director of R.E.
Kimberly Tanner – Director of Membership	Jim Ingram –Director of Building & Grounds –
Tom Aiello – Secretary	Carol Stiles – Newsletter Ed.

Please contact us by e-mail at uuvaldosta@yahoo.com

What's going on... **July 2017**

Sun	July 2	10:45 AM	Religious Education for children Service – Dr. Bennie E. Calloway III, “Walk The Talk Not Talk The Walk” Meet & Greet after the service
Sun	July 9	10:45 AM	Religious Education for children Service – Lars Leader and Sue Bailey, “An Update from General Assembly” Meet & Greet after the service
M	July 10	11:00AM	Break Bread delivery
Sun	July 16	10:45 AM	Religious Education for children Service -- Dr. Dereth "Jan" Drake, “The Art and Science of Anodized Metals” Meet & Greet after the service
Fri	July 21	6:30 PM	Games Night!
Sun	July 23	10:45 AM	Religious Education for children Service – Dr. Tom Phillips, “Taking Control of Your Own Healthcare: How to Help Your Doctor Help You” Meet & Greet after the service
Sun	July 30	10:45 AM	Religious Education for children Service – Carol Stiles, “Humanism and UU” Meet & Greet after the service

July, 2017

Summer is here, and our schedule continues apace! If you can, please volunteer for various tasks as some of our regulars will be travelling occasionally in July and August!

Mission Statement

The Unitarian Universalist Church of Valdosta is committed to building a community of acceptance and love, where all people may strive for intellectual, moral, and spiritual enlightenment. We offer a place to celebrate life's passages and to join in social action on behalf of local and global communities.

Sunday Services

Sunday, July 2 – Dr. Bennie E. Calloway III, “Walk The Talk Not Talk The Walk”

I often think whenever I watch a fashion show on television, when models walk down the runway to model the latest fashions, they don't talk, they just display what they are wearing. There are commentators that commentate on the entire fashion show and speak on the models' behalf. So I believe if we are to model inclusion as Jesus taught and modeled, the world will commentate on our behalf what we model because we walk the talk and not just talk the walk.

This is an excerpt from my book *Deeper Awareness: A Framework For Progressive Spirituality*.

Sunday, July 9 – Lars Leader and Sue Bailey, “An Update from General Assembly”

Lars Leader and Sue Bailey are attending the UUA General Assembly in New Orleans, as this issue goes to press. On July 9, they will provide an update and news from the annual meeting, General Assembly, in which thousands of UUs gather for spiritual practice, social witness, workshops, and policy-making via the democratic process. This year there is a presidential election, a statement of conscience on “Escalating Equality” and many discussions about hiring practices, white supremacy, and other concerns on the program and business agenda.

Sunday, July 16 – Dr. Dereth "Jan" Drake, The Art and Science of Anodized Metals”

Anodized niobium surfaces are commonly used in particle accelerators for construction of superconducting cavities. These surfaces must be cleaned regularly to remove containments and maintain surface smoothness. Plasma etching is one approach that has shown great promise. One side effect of the etching process is the formation of color striations on the surfaces. These striations are produced due to non uniformity of the metal surfaces and oxide layers. This talk will focus on the science of anodizing metals and plasma etching. We will discuss how pieces of these

metals can be used to create three dimensional artworks that blend both science and art.

A Virginia native, Dr. Dereth "Jan" Drake graduated in 2009 from Old Dominion University with a Ph.D. in Physics. She subsequently went to the University of Iowa where she worked as a research scholar in the plasma physics research group. In 2012 she took up a faculty position in the Department of Physics, Astronomy, and Geosciences at Valdosta State University. She currently serves as an Associate Professor and Faculty Advisor for the physics program at VSU.

Share the Plate Sunday Offering: Donations to the plate this Sunday, not otherwise designated as pledges, will support the Kids are People, Too, Back to School Fair, coordinated by the South Georgia Partnership to End Homelessness. To be held on July 29th, partnering with Lanier Family Connection, families will have an opportunity to obtain school supplies and get information on other services, in preparation for the beginning of the school year. Money will be used to purchase pre-assembled backpacks with school supply kits.

Sunday, July 23 – Dr. Tom Phillips, “Taking Control of Your Own Healthcare: How to Help Your Doctor Help You”

Chronic illnesses are on the rise, and many physicians are overworked and distracted by administrative tasks such as the electronic medical record. Patients feel as though their visits are too brief, that the doctor doesn't listen, and that little is accomplished during the encounter. A shortage of physicians is predicted over the next decade, especially in rural areas. Health care laws are dynamic, and insurance companies can be capricious and their regulations byzantine. Is it a hopeless situation for the average patient?

Dr. Phillips will discuss ways to optimize your time with your healthcare provider, from what you should have in hand on each visit to how to get your doctor to listen. He'll also reveal how keeping yourself healthy and strong may help others in the community.

Dr. Thomas E. Phillips is a native of the bayou country of south Louisiana and is a graduate of Tulane University School of Medicine. He

completed a general surgery internship at William Beaumont Army Medical Center, followed by a tour of duty as a flight surgeon in central Germany. He was trained in otolaryngology/head and neck surgery at Madigan Army Medical Center in Tacoma, Washington, obtaining board certification in 1998. He was assistant chief of the Department of Surgery at the U.S. Army Aeromedical Center in Fort Rucker, Alabama before leaving the service in 1999 to join ENT and Allergy Associates of South Georgia (bio from the website of the practice). In his spare time he is an avid runner and fitness enthusiast. He has served on the UU Board as secretary for two years. He is our incoming president for the next year.

Sunday, July 30 – Carol Stiles, “Humanism and UU”

The American Humanist Society, originally founded in 1941 by Unitarian Humanists, issued “Humanism and Its Aspirations: Humanist Manifesto III” in 2003 that included this statement: “The lifestance of Humanism – guided by reason, inspired by compassion, and informed by experience – encourages us to live life well and fully.”

What is the history of Humanism in relation to Unitarian Universalism? What does it mean to be a Humanist? We will draw, in part, from *Humanist Voices in Unitarian Universalism*, recently published by Skinner House Books, an imprint of the UUA.

Welcome New Board!

Our annual church year runs July 1 to June 30, so please welcome Dr. Tom Phillips as our new president! Here are our elected officers for 2017-2018 – please thank them when you get a chance for all of their volunteer time and effort:

President	Tom Phillips
Vice-President/Program Chair	Carol Stiles
Secretary	Tom Aiello
Religious Education Director	Sue Bailey
Treasurer	Rosie Asbury
Membership	Kimberly Tanner
Bldg & Grounds	Jim Ingram

UU Valdosta Caring Committee

Members of this committee include Dee Tait, David Rodgers, Kimberly Tanner, and Carol Stiles. If you are able to help when assistance is needed please see a member of the committee.

Religious Education

For Children: The RE program for children under 15 years of age meets at 10:45 AM concurrent with the Sunday morning service. Older young people will remain with the adult service. Two adults are needed each Sunday to help with RE. Sign up on the volunteer list at the church or through Carol Stiles and the Worship Team.

Social Action Activities

Break Bread Together

We deliver meals with the Break Bread Together program on the 2nd Monday (and 5th when there is one) of each month. Let David Rodgers know if you are interested in helping with this service. Several volunteers make it possible to adjust to changing personal schedules. Please let David know if you are available to deliver meals. It is helpful to have two people on the route.

Games Night

Games Night is on the 4th Friday, July 21! 6:30 p.m. until ? Please speak with Kimberly Tanner or Dawn Renner to express your interest in Games Night! Please bring a snack to share (remember that some of our members are gluten-free and vegetarian / vegan).

UU Church of Valdosta Board of Directors Meeting News

June 4, 2017

Highlights of the UU Board meeting:

- Discussed possible speakers for the summer schedule while Rev. Fred is on sabbatical.
- Discussed moving the board meeting to a weekday evening, which may fit current board members schedule better.
- Next Meeting: Thursday, July 6, 6:00 p.m.

ABOUT OUR MEMBERS AND FRIENDS

Keep in your thoughts...

❖ Members and friends with health concerns.

Thank You! Thank You!

For watering plants at UU: Amy Jackson

For lay-leading services: Doug Tanner, Cliff Adams, Carol Stiles

For speaking at Sunday Services: Joe Rehberg, Tom Aiello, Rev. Anna Hall, Dr. Diane DePuydt

For providing music at services: Daniel Peveto, Rhett Watson, Stephen O’Kane

For Meet & Greet: Dee Tait, Carol Stiles, Mary Ellen Adams, and others for the light lunch on June 25.

For leading RE and nursery care: Sue Bailey

For assisting with RE and nursery: Dawn Renner, Doug Tanner, Kimberly Tanner, Crystal Rapier, Dorothy Ellis

For taking out trash and recycling: Dee Tait, Lawrence Rapier, Lars Leader, and others.

For delivering Break Bread meals: David Rodgers

For photos for newsletter:

Rev. Fred Howard, our part-time minister, is on sabbatical in the summer months. He can be contacted by email (preferable) at fredhoward3622@gmail.com. He is available for weddings and rites of passage ceremonies by prearrangement.

At the Church-in-the-Woods...

Taoist Tai Chi – Monday and Thursday, 5:30 - 7:00 p.m. Contact Dennis Bogyo or Luana Goodwin. You can e-mail the group at georgia@taoist.org

Sangha Tuesdays

The KTD Buddhist reading and meditation group is on hiatus for the summer. Please watch for announcements in the fall.

Oaken Circle CUUPS Chapter

Wednesday evenings, 7:00 p.m.

Litha celebration will be held at UU on Saturday June 24, 2017 from 4p.m. until 11:00 p.m

Oaken Circle, a chapter of the Covenant of Unitarian Universalist Pagans, meets each Wednesday evening, with an officers’ meeting on the first Wednesday of the month.

You can contact the group by e-mail at: valdostaoakencircle@gmail.com or on Facebook: <https://www.facebook.com/groups/oakencircle/>

INVITATION TO MEMBERSHIP

If you are interested in becoming a member of our fellowship, we encourage you to talk with our minister, Rev. Fred Howard or Membership Director, Kimberly Tanner. We welcome your questions, and we extend an open invitation to all who want to join our liberal community of faith.

Worship Team

Each Sunday, there will be a sign-up sheet on the table at the back of the sanctuary for sign up for the upcoming services. You can also send an e-mail to Carol Stiles, and she will put you on the list for that task.



LGBTQ

Welcoming Congregation

Communicating at UU Valdosta

Newsletter Editor: Carol Stiles

Newsletter deadline is the 15th of the previous month!

If you prefer reading this newsletter on the website, e-mail the editor to remove your name from the mailing label list.

Worship Team Chair: Carol Stiles

Website Manager: Carol Stiles

e-Mail List: Contact Carol Stiles or Kimberly Tanner

Facebook: Kimberly Tanner

Local Publicity: Dee Tait